



MEXICAN TRIATHLON FEDERATION

Ixtapa, Zihuatanejo, May 23, 2009.

Press release MF- 027-09

2009: 20th Anniversary of the FMTRI

Serrano (MEX) and Felder (USA) won the XXV International Ixtapa-Zihuatanejo Televisa Deportes Triathlon 2009

- Mexico won first and second with Francisco Serrano and Carlos Arcadia.
- 1754 triathletes participated.

Francisco Serrano from Mexico and **Amanda Felder** from the USA won the **XXV International Ixtapa-Zihuatanejo Televisa Deportes Triathlon 2009**, that took place this morning.

At 7:30 a.m. with the sun shining on Ixtapa's beautiful sand, the Triathlon began with the sprint category, followed by the Olympic category (8:00 a.m.) and by the elite categories.

The first stage was to swim 1500 meters, the first to come out of the water was Leonardo Saucedo, with a time of 20:13 minutes.

Cycling consisted of 2 twenty-kilometer laps on the highway to Playa Linda. At the end of the first lap, the men's elite group was headed by the Mexicans Carlos Arcadia, Arturo Garza, Irving Pérez, Leonardo Saucedo, Steven Sexton (USA) and Felipe Van de Wyngard (CHI), with an advantage of more than two minutes over the pursuing group.

The first seven started the 10-kilometer run together on a circuit that they had to run for four laps. The sun fell like lead with an average temperature of 35°C and 66% humidity.

After the first lap, Arcadia y Serrano were 13 seconds ahead; by the second lap Serrano took the lead followed by Arcadia 17 seconds away, Sexton was 22 seconds away and Van de Wyngard 44 seconds away. On the third and fourth laps Serrano increased his lead and was able to arrive at the finishing line in first place with a time of 1:55:49 hours.

The second place was for Arcadia from Mexico, and the third position was for Van de Wyngard from Chile.

In the women's category Anahí León had the best time in swimming (22:02 minutes), followed by Amanda Felder, Claudia Ruíz and Marcela Miramontes.

In cycling, León and Felder rode together leaving everything to be defined by the running stage, where the American stepped up the pace to keep the gold medal with a time of 2:16:16 hours. León was second and Marcela Miramontes third.

The **XXV International Ixtapa-Zihuatanejo Televisa Deportes Triathlon 2009** granted points for the classification of the **International Triathlon Union (ITU)** and for the **Panamerican (PATCO)**. In addition, it was the fifth event in the **National Triathlon Circuit**.

The 2009 edition of this Triathlon took place on the 20th Anniversary of the Mexican Triathlon Federation, and it is part of the **Guerrero Brilla** program since four years ago.

100 "Triathletes with a cause" participated to benefit the education of young Mexicans; a total of 200 scholarships will be granted to enable them to finish their studies.

The winners in the elite category of the **XXV International Ixtapa-Zihuatanejo Televisa Deportes Triathlon 2009** were:

Men's Elite			Women's Elite		
Place	Name	Time	Place	Name	Time
1	Francisco Serrano (MEX)	1:55:49	1	Amanda Felder(USA)	2:16:15
2	Carlos Arcadia (MEX)	1:57:08	2	Anahí León (MEX)	2:19:13
3	Felipe Van De Wyngard (CHI)	1:58:00	3	Marcela Miramontes (MEX)	2:19:58
4	Arturo Garza (MEX)	1:58:52			
5	Chris Foster (USA)	1:59:24			
6	Leonardo Saucedo (MEX)	1:59:55			
7	Allan Villanueva (MEX)	2:02:07			
8	Irving Pérez (MEX)	2:02:39			
9	Rodrigo González (MEX)	2:03:55			
10	Jorge Luis Fuentes (MEX)	2:04:26			

Ma. Fernanda Reyes
Press FMTRI
prensa@triatlon.com.mx
www.triatlon.com.mx